



The Essential Gear Checklist for Legends Baseball and Softball Camps

- Bat – Having the right bat for your size and skill level will improve your hitting and help you build confidence at the plate.
- Helmet – Safety first! A well-fitted helmet protects your head from injuries caused by stray balls or accidental collisions.
- Baseball/softball mitt – The right glove, broken in and customized to your hand, will make catching and fielding a breeze.
- Baseball hat or softball visor – Keep the sun out of your eyes, prevent glare, and showcase your team spirit with a stylish and functional head covering.
- Cleats – Proper footwear is essential for maintaining traction on the field, preventing slips and falls, and ensuring quick and agile movements.
- Sanitizer – In a group setting, it's essential to keep hands germ-free to maintain good health throughout camp.
- Sunscreen – Long days under the sun can lead to sunburns, so lather up with sunscreen to shield your skin and stay focused on the game.
- Lunch – A nutritious and balanced lunch will fuel your body, giving you the energy needed to perform at your best.
- Snack – A healthy snack keeps your energy levels steady and your concentration sharp throughout the day.
- Baseball/softball pants – Designed for sliding, avoiding bees, and protecting your legs from the sun, baseball/softball pants are a must for comfort and safety.
- BIG water bottle (40 oz or larger preferred) – Hydration is vital for peak performance, so bring a large water bottle to stay refreshed all day long.
- Legends Camp Prep Challenge paper – Complete the challenge, sign the paper, and bring it with you to receive a special prize! We'll be sending this out 7 days before the first day of camp to complete
- Protective cup (for male players) – Wearing a protective cup is essential for preventing injuries in sensitive areas while playing.

See you soon at camp, and BE LEGENDARY!